Interview Topics & Speaking Themes

Story, Identity & Transformation

- Leaving medicine for writing
- Identity reconstruction and life transitions
- The creative calling

Healing & Psychology

- Childhood emotional wounds
- Transgenerational trauma
- Emotional resilience

Mind, Symbolism & Inner Life

- Dreams and synchronicity
- Inner imagery and storytelling
- Spiritual symbolism in narrative

Writing as a path of healing and self-discovery

- Turning personal experience into creative expression
- Finding clarity and meaning through storytelling
- Reclaiming voice and identity through writing